

KRANTIGURU SHYAMJI KRISHNA VARMA
KACHCHHUNIVERSITY, BHUJ - KACHCHH



NEW SYLLEBUS
(AS PER NEP 2020 & UGC GUIDLINE)
PSYCHOLOGY
TO BE INPLIMANTED FROM JUNE – 2024
(SEMSTER III & IV 2024)

DR. PALLAVI R. CHAUHAN

Chairman

Board of study, Psychology
K.S.K.V Kuchchh University
Bhuj

DR. KALPNA SATIJA

Dean

Faculty of Arts
K.S.K.V Kuchchh University
Bhuj





**KRANTIGURU SHYAMJI KRISHNA
VARMA KACHCHH UNIVERSITY,
BHUJ - KACHCHH**

***PROGRAM /COURSE STRUCTURE AND SYLLABUS
as per the Choice Based Credit System (CBCS)
designed in accordance with***



***Learning Outcomes-Based Curriculum Framework
(LOCF)
of National Education Policy (NEP) 2020
for Undergraduate Program in PSYCHOLOGY***

**B.A. HONOURS IN PSYCHOLOGY
PROGRAMME
AS PER NEP 2020
(Effective from June-2023)**

PREAMBLE

Any programme at a higher educational institution seeks to give its students a solid foundation for the growth of their character, which directly benefits a country's well-being. All the programmes offered by the KrantiguruShyamji Krishna VermaKachchh University are envisioned in accordance with its "motto," which is to encourage young people to be devoted and steadfast in their search for the truth. The Learning Outcomes based Curriculum Framework (LOCF) strives to cultivate young minds for positive and fruitful character development by fostering their creative and humanistic abilities for both their individual improvement and the benefit of society as a whole. The university offers a learning outcome-based programme to give students the chance to find a way of thinking that will help them reach their full potential.

By making the courses flexible and giving students more options, the LOCF approach aims to provide targeted, outcome-based syllabi at the undergraduate level with an objective to arrange the teaching-learning experiences in a more student-centric way. The LOCF approach has been used to improve the relationship between teachers and students as they participate in programmes of their choice and discover their inner calling. The emphasis of



undergraduate programs on "preparing minds" will result in people with strong intellectual faculties, interpersonal skills, courage to lead the world, and compassion and empathy for fellow human beings. So, the LOCF aspires to improve students' life skills, not just their employable abilities, in order to help them lead fulfilling personal and social life.

Each programme vividly elaborates its nature and promises the outcomes that are to be accomplished by studying the courses. The programmes also state the attributes that they offer to inculcate at the graduation level. A feeling of social justice and harmony are intertwined with ideals pertaining to students' well-being, emotional stability, critical thinking, etc. at the graduation level. In short, each programme equips students with the skills they need for employment, sustainability, and lifelong study.

The K.S.K.V Kachchh University hopes that the LOCF approach of the B.A-Psychology (Hons.) programme will motivate students to transit from being passive knowledge-seekers to becoming active and aware knowledge-creators.

PROGRAMME OUTCOMES (PO) B.A. HONOURS IN PSYCHOLOGY:

- PO 1 Critical Thinking: Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.
- PO 2 Effective Communication: Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.
- PO 3 Social Interaction: Elicit views of others, mediate disagreements and help reach conclusions in group settings.
- PO 4 Effective Citizenship: Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.
- PO 5 Ethics: Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.
- PO 6 Environment and Sustainability: Understand the issues of environmental contexts and sustainable development.
- PO 7 Self-directed and Life-long Learning: Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes.

PROGRAM SPECIFIC OUTCOMES (PSO) B.A. HONOURS IN



PSYCHOLOGY:

The Program Specific outcomes that a student should be able to demonstrate on completion of a degree level programme are as follows:

- PSO 1 Knowledge about the psychology discipline.
- PSO 2 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.
- PSO 3 Ability to connect theory with personal experiences and varied applied settings.
- PSO 4 Understand how psychology can be applied to solve problems facing humankind.
- PSO 5 Understanding varied socio-cultural contexts, and being mindful of indigenous traditions.
- PSO 6 Basic professional skills pertaining to psychological testing, assessment and counselling.
- PSO 7 Ability to use skills in specific areas related to chosen specialization (e.g. cognitive, industrial-organizational, clinical, counselling, health, educational, social, community).
- PSO 8 Tolerating ambiguities and appreciating the limitations of the discipline, and critically analyzing conflicting theories and approaches.
- PSO 9 Creating awareness about various social, psychological and cultural issues.
- PSO10 Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).
- PSO 11 Developing skills of communication, negotiation, team work, effective presentation, etc.
- PSO 12 Appreciating and tolerating diversity.
- PSO 13 Developing positive attributes such as empathy, compassion, optimism, social participation, and accountability.
- PSO 14 Self-development and personal growth.
- PSO.15 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings
- PSO 16 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counselling.
- PSO 17 Multicultural competence: To recognize, understand, and respect the complexity of



multiculturalism in the practice and application of counseling and psychotherapy.



**KRANTIGURU SHYAMJI KRISHNA
VARMA KACHCHH UNIVERSITY –
BHUUJ - KACHCHH
NEP 2020
CREDIT FRAMWORK FOR UNDERGRADUATE
PROGRAMME
FACULTY: BACHELOR OF ARTS
APPLIED: JUNE 2023**



COURSE STRUCTURE OF
B.A. Honours in Psychology Programme
B. A. Honours Psychology (Major/Minor) Semester III &
IV
(Diploma in Psychology)

Semester – III								
Sr. No	Course Category	Course Title	Course Credits			Exam Marks		
			Theory	Practical	Total	IM	EM	Total
1	Major Course MJPS - 301	Cognitive Psychology	4	0	4	50	50	100
2	Major Course MJPS 302	Social Psychology-I	4	0	4	50	50	100
3	Major Course MJPS 303	Psychopathology-I	4	0	4	50	50	100
4	Multidisciplinary Course MDPS 301	Sports and Psychology	4	0	4	50	50	100
5	SEC 301	COUNSELLING PSYCHOLOGY - 1	2	0	2	25	25	50
6	VAC 301	INDIAN PSYCHOLOGY - 1	2	0	2	25	25	50

Semester – IV								
Sr. No	Course Category	Course Title	Course Credits			Exam Marks		
			Theory	Practical	Total	IM	EM	Total
1	Major Course MJPS 401	Psychology of Adjustment	4	0	4	50	50	100
2	Major Course MJPS 402	Social Psychology-II	4	0	4	50	50	100
3	Major Course MJPS	Psychopathology-II	4	0	4	50	50	100



	403							
4	Minor Course(Elective) MNPS 401	Psychology of Personal Adjustment	4	0	4	50	50	100
5	SEC 401	COUNSELLING PSYCHOLOGY - 2	2	0	2	25	25	50
6	VAC 401	INDIAN PSYCHOLOGY - 2	2	0	2	25	25	50

**B. A. (Hon.) Psychology, Semester-III, New Course-Titles For
Regular And External Students
With Effective From: June – 2023**

Semester – III								
Sr. No	Course Category	Course Title	Course Credits			Exam Marks		
			Theory	Practical	Total	IM	EM	Total
1	Major Course MJPS - 301	Cognitive Psychology	4	0	4	50	50	100
2	Major Course MJPS 302	Social Psychology-I	4	0	4	50	50	100
3	Major Course MJPS 303	Psychopathology-I	4	0	4	50	50	100
4	Multidisciplinary Course MDPS 301	Sports and Psychology	4	0	4	50	50	100



BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme		NEP- 2020			Branch/Spec.		Social Science/ Psychology		
Semester		III			Version/Pattern		NEP 2022		
Effective from Academic Year			2024-25		Effective for the batch Admitted in			2022-23	
Subject code		MJPS -301		Subject Name		Cognitive Psychology			
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4	-	-			Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
COURSE OBJECTIVES									
The objectives of this course are:									
<ol style="list-style-type: none"> 1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come basic processes areas of Psychology. 2. Learn to use Psychology and other information sources. 3. To introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life. 4. The student will come to understand various types of learning. 5. Student will get information regarding Reinforcement and its schedule for shaping animal and human behavior. 6. Student will get information of memory and utilization of it. 7. Student will define various types of aptitude and its efficacy. 8. Will come to know his/her own interest and aptitudes 9. To understand the fundamental processes underlying human behavior such as processes underlying learning, memory, individual differences, intelligence and personality 10. To apply the principles of psychology in day-to-day life for a better understanding of themselves and others 									
Theory syllabus									
Unit	Content								Hrs
1	Cognitive Psychology-Introduction બોધાત્મક મનોવિજ્ઞાન-પ્રસ્તાવના (પરિચય) 1. પ્રસ્તાવના-Introduction 2. બોધન એટલે શું?-What is Cognition? 3. બોધાત્મક મનોવિજ્ઞાનની વ્યાખ્યા Definition Cognitive Psychology 4. બોધાત્મક મનોવિજ્ઞાન Properties of Cognitive Psychology 5. બોધાત્મક મનોવિજ્ઞાનનું કાર્યક્ષેત્ર-Scope of Cognitive Psychology								15 Ho urs



	<p>6. કુત્રિમ બુધ્ધિ-Artificial Intelligence</p> <p>7. બોધાત્મક મનોવિજ્ઞાનની પદ્ધતિઓ Methods of Cognitive Psychology</p> <p>8. બોધાત્મક મનોવિજ્ઞાનનાં અભિગમો Approaches/Paradigms of Cognitive Psychology</p>	
2	<p>Thinking, Problem Solving and Concept ચિંતન, સમસ્યા ઉકેલ અને ખ્યાલ</p> <p>1. ચિંતનની વ્યાખ્યા અને સ્વરૂપ-Definition and Nature of Thinking</p> <p>2. ચિંતનના પ્રકારો-Types of Thinking</p> <p>3. સમસ્યા ઉકેલનો અર્થ અને સ્વરૂપ Meaning and Nature of Problem Solving</p> <p>4. સમસ્યા ઉકેલની પદ્ધતિઓ Methods or Strategies of Solving the Problem</p> <p>5. સમસ્યા ઉકેલને અસર કરતા ઘટકો Factors Influencing Problem Solving</p> <p>6. સમસ્યા ઉકેલના સોપાનો-Steps of Problem Solving</p> <p>7. ખ્યાલનું સ્વરૂપ અને મહત્વ-Nature and Importance of Concept</p> <p>8. ખ્યાલના પ્રકારો-Types of Concept</p> <p>9. ખ્યાલ ઘડતરને અસર કરતા ઘટકો Factors Influencing Concept Formation</p>	15 Ho urs
3	<p>Creativity and Decision Making સર્જનાત્મકતા અને નિર્ણય પ્રક્રિયા</p> <p>1. સર્જનાત્મકતાની વ્યાખ્યા અને સ્વરૂપ Definition and Nature of Creativity</p> <p>2. સર્જનાત્મક વિચારનાં સોપાનો-Stages of Creative thinking</p> <p>3. સર્જનાત્મક વિચારકના લક્ષણો Characteristics of Creative Thinker</p> <p>4. સર્જનાત્મકતાનું માપન-Measurement of Creativity</p> <p>5. તર્કક્રિયાનો અર્થ અને સ્વરૂપ-Meaning and Nature of Reasoning</p> <p>6. તર્કક્રિયામાં મહત્વના સોપાનો-Important Steps in Reasoning</p> <p>7. Decision-process and Judgement</p> <p>8. Biases and Errors in Decision-making</p> <p>9. Some Guidelines for Taking better Decision</p>	15 Ho urs
4	<p>Emotional Intelligence આવેગાત્મક બુધ્ધિ</p> <p>1. પ્રસ્તાવના –Introduction</p> <p>2. આવેગાત્મક બુધ્ધિનો અર્થ અને વ્યાખ્યા Meaning and Definitions of Emotional Intelligence</p> <p>3. આવેગાત્મક બુધ્ધિનું માપન Measurement of Emotional Intelligence</p> <p>4. ઉચ્ચ આવેગાત્મક બુધ્ધિ ધરાવતા લોકોની લાક્ષણિકતાઓ Characteristics of People with high Emotional Intelligence</p> <p>5. સંચાલનમાં આવેગાત્મક બુધ્ધિનો ઉપયોગ અને ઉપયોગિતા Use and Utility of Emotional Intelligence in Administration</p> <p>6. આવેગાત્મક બુધ્ધિનાં વિકસાવવા માટેની પ્રયુક્તિઓ Techniques for Developing Emotional Intelligence</p> <p>7. આવેગાત્મક બુધ્ધિનો આધાર અથવા આવેગાત્મક બુધ્ધિનાં પાયાના પથ્થરો Cornerstones of Emotional Intelligence</p> <p>8. આવેગાત્મક રીતે બુધ્ધિશાળી લોકોની કેટલીક આદતો Some Habits of Emotionally Intelligent People</p>	15 Ho urs
Reference (APA Style)		
	<ul style="list-style-type: none"> ▪ Bear – M.F. Connors, B.W. Pardiso – Neuro Science. ▪ Handouts: Teacher Can Create And Distribute Unit Wise Detail For Easy Learning, And Concept Formation. ▪ Cognitive Psychology” Second Edition: (Applying The Science Of Mind) By: Bridget Robinson-Riegle, Uni. of St.Thomas, Pub.:Pearson Publication New Delhi. 	



	<ul style="list-style-type: none"> ▪ Cognitive Psychology, By :Robert Salsa, Uni. of Nevada, Pub.: Pearson Education New Delhi. On Line Resources: Americanpsychological Association.
	Pedagogical Tools: <ul style="list-style-type: none"> <li style="width: 25%;">• Classroom Lecture <li style="width: 25%;">• Problem Solving <li style="width: 25%;">• Tutorial <li style="width: 25%;">• Group Discussion <li style="width: 25%;">• Seminar <li style="width: 25%;">• Case Studies <li style="width: 25%;">• Role Play <li style="width: 25%;">• Field Work <li style="width: 25%;">• Hospital Visit
	<p>Mode of Evaluation: Evaluation will be divided in two parts.</p> <p>External: Annual Examination will be conducted by The KSKV Kachchh University of 50 Marks (4 Descriptive Questions and Short Questions)</p> <p>Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.</p> <ul style="list-style-type: none"> • Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster • Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment

50 Marks

Time : 2.00 Houras

University Assessment

50 Marks

Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10



BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme		NEP			Branch/Spec.		Social Science/ Psychology		
Semester		III			Version/Pattern		NEP 2022		
Effective from Academic Year				2024-25		Effective for the batch Admitted in			2022-23
Subject code		MJPS -302		Subject Name		Social Psychology-I			
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4					Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
<ol style="list-style-type: none"> 1. Appreciate how individual behaviour is influenced by Social and Cultural context 2. Understand how social behaviour can be analysed in terms of social Psychological Theories 3. Realise how social Psychological knowledge can be used in solving social problems. 4. To understand how a social psychological analysis differs from other forms of analysis 5. To become familiar with the wide variety of questions and topics that social psychologists study. 6. To learn the classic and contemporary theories that are relevant To become familiar with a sampling of research findings, both correlation and experimental 7. To appreciate the variety of choices and limitations in the lives of women and men as they are shaped by personal and social factors 8. To explore various topic areas through readings, class activities, and discussion and by thinking and writing critically and reflectively. 									
Theory syllabus									
Unit	Content								Hrs
1	INTRODUCTION OF SOCIALPSYCHOLOGY समाजलक्षी मनोविज्ञाननो परिचय <ol style="list-style-type: none"> 1. प्रस्तावना - Introduction 2. समाजलक्षी मनोविज्ञाननी व्याख्या अने अर्थ 3. Definition and Meaning of Social Psychology 4. समाजलक्षी मनोविज्ञाननु स्वरूप Nature of Social Psychology 5. समाजलक्षी मनोविज्ञाननु कार्यक्षेत्र -Scope of Social Psychology 6. समाजलक्षी मनोविज्ञाननी अभ्यास पध्दतियो Methods of study of Social Psychology 								15 Ho urs



	<ol style="list-style-type: none"> 1. निरीक्षण पध्धति – Observation Method 2. प्रश्नावली पध्धति - Questionnaire Method 3. मुलाकात पध्धति - Interview Method 4. प्रयोगके प्रायोगिक पध्धति - Experimental Method 5. समाजमितीयके समाजमितिक पध्धति Sociometric Method 	
2	<p>GROUP & SOCIAL INTERACTION જુથ અને સામાજિક આંતરક્રિયા</p> <ol style="list-style-type: none"> 1. પ્રસ્તાવના - Introduction 2. જૂથનો અર્થ – Meaning of Group 3. જૂથનું વર્ગીકરણ કે પ્રકારો Classification or Types of Group 4. સામાજિક આંતરક્રિયાનો અર્થ Meaning of Social Interaction 5. સામાજિક આંતરક્રિયાના પ્રકારો Types of Social Interaction 6. સામાજિક આંતરક્રિયાની પધ્ધતિઓ કે પ્રક્રિયાઓ Methods or Processes of Social Interaction <ol style="list-style-type: none"> 1. અનુકરણ - Imitation 2. સામાજિક અવરોધ – Social Inhibition 3. સૂચન – Suggestion 4. સામાજિક પ્રક્ષેપણ– Social Projection 5. તાદાત્મ્યીકરણ – Identification 	15 Ho urs
3	<p>ATTITUDE મનોવલણો</p> <ol style="list-style-type: none"> 1. પ્રસ્તાવના - Introduction 2. મનોવલણનો અર્થ અને વ્યાખ્યા – Meaning and Definition of Attitude 3. મનોવલણના લક્ષણો – Characteristics of Attitude 4. મનોવલણનું ઘડતર – Formation of Attitude 5. મનોવલણ પરિવર્તન – The Changes of Attitude 6. મનોવલણ માપન– Measurement of Attitude 	
4	<p>PREJUDICE પૂર્વગ્રહ</p> <ol style="list-style-type: none"> 1. પ્રસ્તાવના - Introduction 2. પૂર્વગ્રહની વ્યાખ્યા અને અર્થ –Definition or Meaning of Prejudice 3. પૂર્વગ્રહનું સ્વરૂપ કે લાક્ષણિકતાઓ–Nature or Characteristics of Prejudice 4. પૂર્વગ્રહનું ઘડતર અથવા વિકાસ – Formation or Development of Prejudice 	15 Ho urs



	<p>5. पूर्वग्रहनी असरो के परिणामो – Effects or Results of Prejudice</p> <p>6. पूर्वग्रह निवारवाना उपायो – Measures to Overcome Prejudice</p> <p>अथवा</p> <p>पूर्वग्रह दुर करवानी पद्धतिओ कर उपायो – Methods or Measures for Reducing Prejudice</p>	
Reference (APA Style)		
	<ol style="list-style-type: none"> 1. Baron, R. A. & Byrne D. (2006)/ Social Psychology. New Delhi :Prentice Hall of India. 2. Myers, D. G. (2006). Social Psychology. New Delhi : Tata McGraw HillPublishing. 3. Parikh, B. A. (1990). Social Psychology (Advanced). Ahmedabad :University Book Production Board, Gujarat State. 4. Worchel, S., Cooper, J., Goethals, G.R. & Olson, J. M. (2000). SocialPsychology. Belmont, USA : Wadsworth / Thomson Learning. 5. Taylor, S.E.; Peplau, L.A. and Sears, D.O. (2006). Social psychology. 12th ed. N.D.: Pearson. 6. Baron, R.A.; Byrne, D. (1998). Social psychology. 10th ed. N.D.:Prentice-Hall of India Pvt. Ltd. 7. Social Psychology – Soloman Asch 8. An outline of Social Psychology – Sheriff & Sheriff 9. Social Psychology – I. M. Newcomb 10. समाजलक्षी मनोविज्ञान (प्रगत), डॉ. बी. એ. પરીખ, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય, આમદાવાદ 11. समाजलक्षी मनोविज्ञान, वी. એસ. વણીકર, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય, આમદાવાદ. 	
	<p>Pedagogical Tools:</p> <ul style="list-style-type: none"> <li style="width: 25%;">• Classroom Lecture <li style="width: 25%;">• Problem Solving <li style="width: 25%;">• Tutorial <li style="width: 25%;">• Group Discussion <li style="width: 25%;">• Case Studies <li style="width: 25%;">• Role Play <li style="width: 25%;">• Field Work <li style="width: 25%;">• Seminar <li style="width: 25%;">• Hospital Visit 	
	<p>Mode of Evaluation: Evaluation will be divided in two parts.</p> <p>External: Annual Examination will be conducted by the KSKVKachchh University of 50 Marks (4 Descriptive Questions and 1 MCQ)</p> <p>Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.</p> <ul style="list-style-type: none"> • Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews 	



Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment

50 Marks

Time : 2.00 Hours

University Assessment

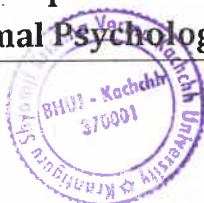
50 Marks

Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	True and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10

BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY								
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	NEP-2020			Branch/Spec.	Social Science / Psychology			
Semester	III			Version/Pattern	NEP 2020			
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2022-23			
Subject code	MJPS-303		Subject Name	PSYCHOPATHOLOGY-1				
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	4				Theory	50	50	100
Hours	60				Practical			
Pre-requisites:								
Computer lab								
Course Objectives:								
This course should help Students:								
1. To impart knowledge about the normality.								
2. To make students understand the nature and course of various abnormal conditions.								
3. To impart knowledge and skills needed for psychological assessment of different normal conditions.								
4. Students become familiar with concept of mental disorder.								
5. To provide an overview of Abnormal Psychology and major psychological								



problems and disorders across biological, psychological, and sociocultural processes.

6. To give the information about DSM and Indian classification.

7. To notified the basic difference between DSM IV & DSM V.

Theory syllabus

Unit	Content	Hrs.
1	<p>મનોરોગશાસ્ત્રપરિચય</p> <p>Introduction of Psychopathology</p> <p>I. પ્રસ્તાવના (Introduction)</p> <p>II. સાયકોપેથોલોજી અને અસાધારણ મનોવિજ્ઞાનનો અર્થ/ વ્યાખ્યા (Definition or Meaning of Psychopathology or Abnormal Psychology)</p> <p>III. અસાધારણ મનોવિજ્ઞાનનું સ્વરૂપ અને ખ્યાલ (Nature and Concept of Abnormal Behaviour)</p> <p>IV. સાધારણ- અસાધારણના ખ્યાલો (The Concept of Normality and Abnormality) (Viewpoints) or Criteria of Distinguishing Normal and Abnormal</p> <p>V. સાધારણ વ્યક્તિત્વના લક્ષણો / લાક્ષણિકતાઓ Characteristics or Criteria of Normal Personality</p> <p>VI. અસાધારણ વર્તન (વ્યક્તિત્વ) અંગેની લાક્ષણિકતાઓ/ લક્ષણ Characteristics or Criteria of Abnormal Behaviour (Personality)</p> <p>VII. અસાધારણ વર્તન અંગેના વર્ગીકરણ અથવા અસાધારણ મનોવિજ્ઞાન / માનસિક રોગો Classification of Abnormal Behaviour / Abnormality or Psychological/Mental Disorders</p> <p>(1) મનોવૈજ્ઞાનિક રોગો અથવા અસાધારણતા ભારતીય માપદંડ Indian Classification of Psychological Disorders or Abnormal Behaviour</p> <p>(2) અમેરિકન મનોવૈજ્ઞાનિક અથવા માનસિક રોગો અંગે મેડિકલ સાયન્સ American Psychological or Mental Disorders Medical Science</p> <p>(3) અસાધારણ વર્તન અંગેનું આંતરરાષ્ટ્રીય વર્ગીકરણ International Classification of Abnormal Behaviour</p> <p>VIII વ્યાવસાયિક નિષ્ણાંત (Personnel in mental health)</p> <p>1. વ્યવસાયિક નિષ્ણાંત (Professional Experts)</p> <p>1.1 ચિકિત્સા મનોવૈજ્ઞાનિક (Clinical Psychologist)</p> <p>1.2 સલાહ મનોવૈજ્ઞાનિક (Counselling Psychologist)</p>	15 Ho urs



	<p>1.3 शाळा मनोवैज्ञानिक (School Psychologist)</p> <p>1.4 मनोचिकित्सक (Psychiatrist)</p> <p>1.5 मनोविश्लेषक (Psychoanalyst)</p> <p>1.6 सामाजिक कार्यकर (Social Worker)</p> <p>1.7 मनोचिकित्सक नर्स (Psychiatric Nurse)</p> <p>1.8 व्यावसायिक निष्णात (Occupational Therapist)</p> <p>1.9 धार्मिक सलाहकार (Pastoral Counsellor)</p> <p>2. अर्ध-व्यावसायिक निष्णात (Semi-Professional Experts)</p> <p>1.1 ग्रुपसंबंधित मानसिक स्वास्थ्य (Group-related Mental Health)</p> <p>1.2 अंधाशी माटे सलाहकार (Counsellor for Addiction)</p>	
2	<p>बचाव प्रयुक्तिओ Defence Mechanisms</p> <p>I. प्रस्तावना (Introduction)</p> <p>II. बचाव प्रयुक्तिओना अर्थ (Meaning Of Defence Mechanisms)</p> <p>III. बचाव प्रयुक्तिओना प्रकार (Types of Defence Mechanisms)</p> <p>1. आक्रमक बचाव प्रयुक्तिओ (Attack Mechanisms)</p> <p>1.1 प्रयत्नमां वधारो (Increased effort)</p> <p>1.2 प्रवृत्ति पलायनता (Fight into activity)</p> <p>1.3 वणतर (Compensation)</p> <p>1.4 पुनःअर्थघटन (Reinterpretation)</p> <p>1.5 समायोजित (Compromise)</p> <p>2. ब्लेक-असाईनिंग अथवा ध्यानविक्षेपक प्रयुक्तिओ (Blame-Assigning or Attention Diverting Mechanism)</p> <p>2.1 तार्किकता (Rationalization)</p> <p>2.2 ध्यानभेयनारवर्तन (Attention-getting behaviour)</p> <p>2.3 ओजभाषण (Identification)</p> <p>2.4 आरोपण (Projection)</p> <p>3. भागेडु प्रयुक्तिओ (Flight Mechanism)</p> <p>3.1 कल्पना अने दिवास्वप्न (Fantasy and Day-dreaming)</p> <p>3.2 विथड्रोवल (Withdrawal)</p> <p>3.3 शमन (Repression)</p>	



	<p>3.4रिग्रेशन Regression</p> <p>IV. समायोजननीद्रष्टियेवयावप्रयुक्तियोंउपयोग (Utility of Defense Mechanisms in view point of Adjustment)</p>	
3	<p>विकृतचित्तानीजंभी Overview of Anxiety Disorders</p> <p>I. प्रस्तावनाIntroduction</p> <p>II. विकृतचित्तरोगी Anxiety Disorders</p> <ol style="list-style-type: none"> 1. सामान्यीकृतविकृतचित्तGeneralized Anxiety Disorder(GAD) 2. GAD अंगेलाक्षिकताओंSymptomatology of GAD 3. GAD नीर्णयित्येवEtiology of GAD 4. GAD नाउपचारTreatment of GAD <p>III. विकृतभय Phobia</p> <ol style="list-style-type: none"> 1. लाक्षिकताओं Symptomatology of Phobia 2. श्रेणियाणाप्रकारTypes of Phobia 3. श्रेणियाणीर्णयित्येवEtiology of Phobia 4. श्रेणियाणाउपचार Treatment of Phobia <p>IV. पेनिकडिसोर्डरPanic Disorder</p> <ol style="list-style-type: none"> 1. पेनिकडिसोर्डरनीलाक्षिकताओंSymptomatology of Panic Disorder 2. पेनिकडिसोर्डरनीर्णयित्येव Etiology of Panic Disorder 3. उपचारTreatment of Panic Disorder <p>V. अनिवार्यवियार- क्रियादबाएविकृतिObsessive-Compulsive Disorder (OCD)</p> <ol style="list-style-type: none"> 1. अनिवार्यवियारनोअर्थMeaning of Obsessive 2. क्रियादबाएनोअर्थMeaning of Compulsion 3. OCD नालक्षणोSymptomatology of OCD 4. अनिवार्यवियारदबाएअनेक्रियादबाएनामुभ्यप्रकारेTypes of Obsessive-Compulsive Disorder 5. उपचारोTreatment of Obsessive-Compulsive Disorder <p>VI. पोस्टट्रोमेटिकस्ट्रेसडिसोर्डरPost Traumatic Stress Disorders (PTSD)</p> <ol style="list-style-type: none"> 1. लाक्षिकताओंSymptoms of PTSD 2. कारणो Causes of PTSD 3. उपचारोTreatment of PTSD 	15 Hours
4	<p>आत्महत्या/ आपघात SUICIDE</p>	15



I. પ્રસ્તાવનાIntroduction**II. આત્મહત્યા / આપઘાતનો અર્થMeaning of Suicide****III. આપઘાતસંબંધિત પરિબલોFactors Related to Suicide**

1. જાતિગત તફાવતો Sex Differences
2. ઉંમર Age
3. સરેરાશ Race
4. ધર્મ Religion
5. લગ્ન દરજ્જો Marital Status
6. વ્યવસાય Occupation
7. વાતાવરણ Climate
8. શારીરિક તંદુરસ્તી Physical Health
9. માનસિક તંદુરસ્તી Mental Health
10. મનોચિકિત્સક દર્દીઓ Psychiatric Patients
11. પૂર્વ આપઘાતિય વર્તન Previous Suicidal behaviour

IV. સામાન્ય લાક્ષણિકતાઓ General Symptoms

1. આશાવિહિનતા Hopelessness
2. આંતરિક સંઘર્ષ Inner Conflict
3. આંતરવૈયકિત કઠોરકટી Interpersonal Crises
4. સ્વ-ધસારો self-devaluation
5. ડિપ્રેશન/ ખિન્નતા Depression
6. કુસમાયોજન અને હતાશા Maladaptive and frustration
7. નિદ્રાખલેલ Sleep Disturbance
8. મનોભાર Stress
9. વાતચિત Communication
10. આવેગિકતા Emotionality
11. અન્ય લાક્ષણિકતાઓ Other Symptoms

V. ઈટિયોલોજી Etiology

1. સામાજિક- સાંસ્કૃતિક ઘટકો Socio-Cultural Factors
2. મનોવૈજ્ઞાનિક ઘટકો Psychological Factors
 - 2.1 ફ્રોઈડની થિયરી Freud's Theory
 - 2.2 મેનિંગર થિયરી Menniger's Theory



	<p>2.3वर्तमानथियरीRecent Theory</p> <p>3. शारीरिकघटककेPhysiological Factors</p> <p>3.1जनीनतत्वGenetics</p> <p>3.2न्योरोट्रान्समीटरसNeurotransmitter</p> <p>VI. आपधातनिवारण/ अटकायतPrevention of Suicide</p>													
Reference (APA Style)														
	<p>Reference:</p> <ul style="list-style-type: none"> ▪ Carson, Butcher and Mineka , “Abnormal Psychology and Modern Life ”, 11th edition (2004), Person Education Pte. Ltd, Indian Branch. ▪ Abnormal Psychology and Modern Life -- James C. Coleman Published by Taraporewala& Co. Pvt Ltd. ▪ Comer R.J., Abnormal Psychology, Fifth Edition,(2003), ▪ Patel M. (1989), 3rd Ed., “Abnormal Psychology”, University book production board, Ahmedabad. ▪ Lamm A. Introduction to Psychopathology, Page Pub. N.Y. 1997 ▪ Buss A.H. Psychopathology, John Willey N.Y. 1999 ▪ Diagnostic And Statistical Manual Of Mental Disorders (DSM-V)Fifth Edition. American Psychiatric Publication, A Divisoin of Psychiatric Association. Washington, DCLondon, England. ▪ Psychopathology (VinatiAanand) Published by MotilalBanarsidas 													
	<p>Pedagogical Tools:</p> <table border="0"> <tr> <td>• Classroom Lecture</td> <td>• Problem Solving</td> <td>• Tutorial</td> <td>• Group Discussion</td> </tr> <tr> <td>• Seminar</td> <td>• Case Studies</td> <td>• Role Play</td> <td>• Field Work</td> </tr> <tr> <td>• Hospital Visit</td> <td></td> <td></td> <td></td> </tr> </table>		• Classroom Lecture	• Problem Solving	• Tutorial	• Group Discussion	• Seminar	• Case Studies	• Role Play	• Field Work	• Hospital Visit			
• Classroom Lecture	• Problem Solving	• Tutorial	• Group Discussion											
• Seminar	• Case Studies	• Role Play	• Field Work											
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	<p>Mode of Evaluation: Evaluation will be divided in two parts.</p> <p>External: Annual Examination will be conducted by the KSKV Kachchh University of 50 Marks (4 Descriptive Questions and 1 MCQ)</p> <p>Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.</p> <p>• Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews</p>													

Reference:

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- Abnormal Psychology and Modern Life -- James C. Coleman Published by Taraporewala& Co. Pvt Ltd.



- Comer R.J., Abnormal Psychology, Fifth Edition,(2003),
- Arunkumar Singh, AadhunikAsamanyaManovigyan, Published by MotilalBanarsidas
- Patel M. (1989), 3rd Ed., "Abnormal Psychology", University book production board, Ahmedabad.
- Lamm A. Introduction to Psychopathology, Page Pub. N.Y. 1997
- Buss A.H. Psychopathology, John Willey N.Y. 1999
- Diagnostic And Statistical Manual Of Mental Disorders (DSM-V)Fifth Edition, American Psychiatric Publication, A Divisoin of Psychiatric Association. Washington, DCLondon, England.
- Psychopathology (VinatiAanand) Published by Motilal Banarsidas

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment	50 Marks	Time : 2.00 Houras
University Assessment	50 Marks	Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10

BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	NEP 2020			Branch/Spec.	Social Science / Psychology				
Semester	III			Version/Pattern	NEP 2020				
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2022-23				
Subject code	MDPS 301	Subject Name		Sports Psychology					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4					Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
Learning Outcome:									
<ul style="list-style-type: none"> This Course Should Help Students. 1.This Course Will Familiarize Students With The Counselling, Basic Psychological Process And 									



Relating To This Factors Which Influences Then. It will Also Focus Come Important Applications Areas of Psychology.

2.Learn to use Psychology and, their information Sources.

Theory syllabus

Unit	Content	Hrs
1	<p>રમતગમત મનોવિજ્ઞાન – પરિચય Sports psychology Introduction</p> <p>1.રમતગમતમનોવિજ્ઞાનનોઅર્થ Meaning of Sports Psychology 2.રમતગમતને અસર કરતા ઘટકોFactors Affecting Sports. 3.રમતગમત મનોવિજ્ઞાનનું ક્ષેત્ર The Field of Sports Psychology. 4. રમતગમત મનોવિજ્ઞાનની ભારતમાં વર્તમાન સ્થિતિPresent Status of Sports Psychology in india. 5. કારક શિક્ષણ અને પ્રત્યક્ષીકરણOperant Larning And Perception. 6. રમતગમતમાં રમતગમત મનોવૈજ્ઞાનિકની ભૂમિકા Role of The Psychologist in Sport. 7. રમતગમતના મનોવૈજ્ઞાનિક સિધ્ધાંતPsychologic Principles of Sports.</p>	
2	<p>આનુવંશિકતા, પર્યાવરણ અને રમતગમતમાં લક્ષ્ય નિર્ધારણની પ્રક્રિયા</p> <p>1. આનુવંશિકતા Heredity 2. પર્યાવરણ Environment 3. આનુવંશિકતા અને પર્યાવરણનું સાપેક્ષ મહત્વ In the context of Genetic and Environment Significance. 4. રમતગમત પર્યાવરણ Sports Environment. 5. આનુવંશિકતા, પર્યાવરણ અને એથલેટીક્સ પ્રદર્શન Genetics, Environment and athletics Performance 6. રમતગમતમાં લક્ષ્ય નિર્ધારણ-અર્થ Goal Setting in Sports – Meaning. 7. માનસિક આરામ અને માનસિક તૈયારીની રણનીતિઓ Mental Relaxation and Meantal Preparation</p>	
3	<p>વ્યક્તિત્વ Personality</p> <p>1. વ્યક્તિત્વનો અર્થ અને વિશિષ્ટ હકીકત Meaning of Individuality and Distinctive Fact. 2. વ્યક્તિત્વના નિર્ધારક / વ્યક્તિત્વ ઘડતર Determinants of personality/ Personality Formation 3.વ્યક્તિત્વના આયામ અને મૂલ્યાંકન Dimensions and Assessment of Personality 4. વ્યક્તિત્વ વિકાસમાં રમતગમતનું મહત્વ Importance of sports in Personality Development 5. વ્યક્તિત્વને અસર કરતા ઘટકો Factors Affecting Personality 6. વ્યક્તિગત ભિન્નતાઓ Personal Differences. 7. ખેલાડી(રમતવીર)નું વ્યક્તિત્વ Personality of the Players.</p>	
4	<p>પ્રેરણા Motivation</p> <p>1. પ્રેરણાનો અર્થ અને મહત્વ Meaning and Importance of Motivation 2. પ્રેરણાના પ્રકારો Types of Motivation 3. પ્રેરણાના સિધ્ધાંત Principles of Motivation 4. રમતગમતમાં પ્રેરણાને અસર કરતા ઘટકો Factors Affecting Motivation in Sports</p>	



<p>5. રમતગમત અને આક્રમકતા Sports and Aggression.</p> <p>6. રમતગમત અને ચિંતા Sports and Anxiety</p> <p>7. તનાવનો અર્થ, સ્વરૂપ અને તનાવના પ્રકાર Meaning, Nature and Types of Stress.</p> <p>8. તનાવ અને ચિંતાની રમતગમત પ્રદર્શન પર અસર Effects of Stress and anxiety on Sports Performance.</p>
<p>Khel Manovigyan: Dr.C.b.Jadeja And Dr.Jignesh Tapriya, Rajat Publication, New dehli. રમતનું મનોવિજ્ઞાન- જમનાદાસ પ્રકાશન.</p>

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment	50 Marks	Time : 2.00 Houras
University Assessment	50 Marks	Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10

BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY								
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	NEP 2020			Branch/Spec.	Social Science / Psychology			
Semester	III			Version/Pattern	NEP 2020			
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2022-23			
Subject code	SEC-301		Subject Name	COUNSELLING PSYCHOLOGY-1				
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2				Theory	25	25	50
Hours	30				Practical			
Pre-requisites:								
Computer lab								
Learning Outcome:								



•This Course Should Help Students.

1.This Course Will Familiarize Students With The Counselling Basic Psychological Process And Relating To This Factors Which Influences Then. It will Also Focus Come Important Applications Areas of Psychology.

2.Learn to use Psychology and, their imformation Sources.

Theory syllabus

Unit	Content	Hrs
1	<p>સલાહ મનોવિજ્ઞાનનો પરિચય Introducation to Counselling</p> <ol style="list-style-type: none">1. પ્રસ્તાવના(Introducation)2. સલાહ નો અર્થ (Mening of Counselling)3. સલાહ શું નથી?(what Counselling is not?)4. સલાહની લાક્ષણીકતાઓ(Characteristics of Counselling)5. સલાહના પ્રકારો(types of Counselling)6. સલાહના ધ્યેયો(Goals of Counselling)	
2	<p>સલાહ ની જરૂરીયાત (Need of Counselling) પ્રસ્તાવના (Introducation)</p> <ol style="list-style-type: none">1.સલાહ શા માટે ? (Why Counselling)2.ભારતીય વિદ્યાર્થીઓની સમસ્યાઓ (Problem of Indian Students) શૈક્ષણિક સમસ્યાઓ (Educational Problems) વ્યવસાયિક સમસ્યાઓ (occupational problems) તરુણાવસ્થા ની સમસ્યાઓ (Adolescent Problems)3.સલાહ ક્યાં અપાય છે? (Where is the Counselling given?)	

Reference:

- George R.I. And Cristani T.S. "Counselling Theory and Practice Allynond Bacon, Boston 4th Ed.1995
- Corey G.:"Theory& practice of Counselling, W.G.Brown Pub.1988 Ed.
- Belkin, "Introduction to Counselling Psychology" Holt Rinehart, N.Y.1994
- S. patel : "salahManovigyan" University GranthNirmalBord, 3d Ed.2001,
- સલાહ મનોવિજ્ઞાન, ડૉ. એસ. ડી. પટેલ, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય



Exam Paper style for Ability Enhancement Course/Skill Enhancement Course /Skill Enhancement

Course/Value Added Course

Evaluation

Internal Assessment	25 Marks	Time : 2.00 Hours
University Assessment	25 Marks	Credit : 02

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Objective type Questions /definition/short question (any 5 out of 7)	Unit 1 & 2	10

BA (Hon.) Psychology Semester-III

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY							
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)							
Programme	NEP-2020			Branch/Spec.	Social Science / Psychology		
Semester	III			Version/Pattern	NEP 2022		
Effective from Academic Year	2024-25			Effective for the batch Admitted in.	2022-23		
Subject code	VAC-301	Subject Name		Indain Psychology -1			
Teaching scheme				Examination scheme (Marks)			
(Per week)	Lecture(DT)	Practical(Lab.)		Total	CE	SEE	Total
	L TU	P	TW				
Credit	2				Theory	25	25
Hours	30				Practical		50
Pre-requisites:							
Computer lab							
Learning Outcome:							
<ul style="list-style-type: none"> •This Course Should Help Students. 1.This Course Will Familiarize Students With The Counselling Basic Psychological Process And Relating To This Factors Which Influences Then. It will Also Focus Come Important Applications Areas of Psychology. 2.Learn to use Psychology and, their information Sources. 							
Theory syllabus							
Unit	Content						Hrs
1	भारतीय मनोविज्ञाननी ऐतिहासिक रूप रेखा Historical Outline of Indian Psychology						



	<ol style="list-style-type: none"> 1. પ્રસ્તાવના (Introduction) 2. ભારતીય ચિંતન માં મનોવિજ્ઞાન (Psychology in Indian Thought) 3. વૈદિક દર્શન મનોવિજ્ઞાન(Vedic Philosophy Psychology) 4. ઉપનિષદમાં મનોવિજ્ઞાન (Psychology in the Upanishads) 5. ગીતામાં મનોવિજ્ઞાન વિચાર(Psychological thought in the Gita) 6. ભારતીય મનોવિજ્ઞાન નું મહત્વ (Importance of Indian Psychology) 	
2	<p>ભારતીય ધર્મ નું મનોવિજ્ઞાન (Psychology of Indian Religion)</p> <ol style="list-style-type: none"> 1 જૈન મનોવિજ્ઞાન(Jain Psychology) 2 બુદ્ધનું મનોવિજ્ઞાન (Buddhist psychology) 3 ન્યાયિક મનોવિજ્ઞાન (Legal Psychology) 4 સંખ્યા મનોવિજ્ઞાન (The psychology of Sankhya) 5 યોગ મનોવિજ્ઞાન (Yoga Psychology) 6 અદ્વૈત્ય મનોવિજ્ઞાન (Monism Psychology) 7 શ્રી અરવિંદનું ચિંતન (Thoughts of Sri Arvind) 	
	<p>Reference:</p> <ul style="list-style-type: none"> • ભારતીય મનોવિજ્ઞાન, ડૉ. જીએશ ટાપરીય અને ડૉ. આર.સી. પરમાર, ઊર્મિલ માનસ પબ્લીકેશન, ગુજરાત • ભારતીય મનોવિજ્ઞાન રાજનાથ શર્મા અને રચન શર્મા, એટલાંટિક પબ્લીકેશન દિલ્લી. 	

Exam Paper style for Ability Enhancement Course/Skill Enhancement Course /Skill Enhancement

Course/Value Added Course

Evaluation

Internal Assessment

25 Marks

Time : 2.00 Hours

University Assessment

25 Marks

Credit : 02

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Objective type Questions /definition/short question (any 5 out of 7)	Unit 1 & 2	10





**KRANTIGURU SHYAMJI KRISHNA
VARMA KACHCHH UNIVERSITY,
BHUJ - KACHCHH**

***PROGRAM /COURSE STRUCTURE AND SYLLABUS
as per the Choice Based Credit System (CBCS)
designed in accordance with
Learning Outcomes-Based Curriculum Framework
(LOCF)
of National Education Policy (NEP) 2020
for Undergraduate Program in PSYCHOLOGY***



B.A. HONOURS IN PSYCHOLOGY PROGRAMME

AS PER NEP 2020

(Effective from June-2023)

website: <https://www.kskvku.ac.in/>

the growth of their character, which directly benefits a country's well-being. All the programmes offered by the Gujarat University are envisioned in accordance with its "motto," which is to encourage young people to be devoted and steadfast in their search for the truth. The Learning Outcomes based Curriculum Framework (LOCF) strives to cultivate young minds for positive and fruitful character development by fostering their creative and humanistic abilities for both their individual improvement and the benefit of society as a whole. The university offers a learning outcome-based programme to give students the chance to find a way of thinking that will help them reach their full potential.

By making the courses flexible and giving students more options, the LOCF approach aims to provide targeted, outcome-based syllabi at the undergraduate level with an objective to arrange the teaching-learning experiences in a more student-centric way. The LOCF approach has been used to improve the relationship between teachers and students as they participate in programmes of their choice and discover their inner calling. The emphasis of undergraduate programs on "preparing minds" will result in people with strong intellectual faculties, interpersonal skills, courage to lead the world, and compassion and empathy for fellow human beings. So, the LOCF aspires to improve students' life skills, not just their employable abilities, in order to help them lead fulfilling personal and social life.

Each programme vividly elaborates its nature and promises the outcomes that are to be accomplished by studying the courses. The programmes also state the attributes that they offer to inculcate at the graduation level. A feeling of social justice and harmony are intertwined with ideals pertaining to students' well-being, emotional stability, critical thinking, etc. at the graduation level. In short, each programme equips students with the skills they need for employment, sustainability, and lifelong study.

The K.S.K.V Kachchh University hopes that the LOCF approach of the B.A-Psychology (Hons.) programme will motivate students to transit from being passive knowledge-seekers to becoming active and aware knowledge-creators.



PROGRAMME OUTCOMES (PO) B.A. HONOURS IN PSYCHOLOGY:

- PO 1 **Critical Thinking:** Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.
- PO 2 **Effective Communication:** Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.
- PO 3 **Social Interaction:** Elicit views of others, mediate disagreements and help reach conclusions in group settings.
- PO 4 **Effective Citizenship:** Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.
- PO 5 **Ethics:** Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.
- PO 6 **Environment and Sustainability:** Understand the issues of environmental contexts and sustainable development.
- PO 7 **Self-directed and Life-long Learning:** Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes.

PROGRAM SPECIFIC OUTCOMES (PSO) B.A. HONOURS IN PSYCHOLOGY:

The Program Specific outcomes that a student should be able to demonstrate on completion of a degree level programme are as follows:

- PSO 1 Knowledge about the psychology discipline.
- PSO 2 Knowledge of basic concepts of Psychology: To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.
- PSO 3 Ability to connect theory with personal experiences and varied applied settings.
- PSO 4 Understand how psychology can be applied to solve problems facing humankind.
- PSO 5 Understanding varied socio-cultural contexts, and being mindful of indigenous traditions.
- PSO 6 Basic professional skills pertaining to psychological testing, assessment and counselling.
- PSO 7 Ability to use skills in specific areas related to chosen specialization (e.g. cognitive,



industrial-organizational, clinical, counselling, health, educational, social, community).

- PSO 8 Tolerating ambiguities and appreciating the limitations of the discipline, and critically analyzing conflicting theories and approaches.
- PSO 9 Creating awareness about various social, psychological and cultural issues.
- PSO10 Commitment to health and wellbeing at different levels (e.g. individual, organization, community, society).
- PSO 11 Developing skills of communication, negotiation, team work, effective presentation, etc.
- PSO 12 Appreciating and tolerating diversity.
- PSO 13 Developing positive attributes such as empathy, compassion, optimism, social participation, and accountability.
- PSO 14 Self-development and personal growth.
- PSO 15 Practical application Skills: An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings
- PSO 16 Assessment skills: Basic professional skills pertaining to psychological testing, assessment and counselling.
- PSO 17 Multicultural competence: To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.



**KRANTIGURU SHYAMJI KRISHNA
VARMA KACHCHH UNIVERSITY –
BHUUJ - KACHCHH
NEP 2020
CREDIT FRAMWORK FOR UNDERGRADUATE
PROGRAMME
FACULTY: BACHELOR OF ARTS
APPLIED: JUNE 2023**



COURSE STRUCTURE OF
B.A. Honours in Psychology Programme
B. A. Honours Psychology (Major/Minor) Semester IV
(Diploma in Psychology)

Semester – IV								
Sr. No	Course Category	Course Title	Course Credits			Exam Marks		
			Theory	Practical	Total	IM	EM	Total
1	Major Course MJPS 401	Psychology of Adjustment	4	0	4	50	50	100
2	Major Course MJPS 402	Social Psychology-II	4	0	4	50	50	100
3	Major Course MJPS 403	Psychopathology-II	4	0	4	50	50	100
4	Minor Course MNPS 401	Psychology of Personal Adjustment	4	0	4	50	50	100



BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	NEP-2022			Branch/Spec.	Social science/ Psychology				
Semester	IV			Version/Pattern	NEP-2022				
Effective from Academic Year	2024-2025			Effective for the batch Admitted in	2022-23				
Subject code	MJPS 401	Subject Name		Psychology of Adjustment					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4					Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
Learning Outcome:									
This course should help Students:									
<ol style="list-style-type: none"> To impart knowledge about the normality To make students understand the nature and course of various adjustment conditions To impart knowledge and skills needed for psychological assessment of different adjustment conditions To impart various of personal adjustments. Learn meaning, nature and fields of adjustment Identify stages of personal development Identify and express emotions more clearly Learn to recognize the barriers to personal adjustment and determine the ways to overcome those barriers To prepare them for the competitive / entrance exams like UPSC/GPSC/NET/SLET. To apply Psychological theories/principles at personal level, to understand self and others. 									
Theory syllabus									
Unit	Content						Hrs		
1	Introduction to Psychology of Adjustment / Personal Adjustment સમાયોજન / વૈયક્તિક સમાયોજન મનોવિજ્ઞાનનો પરિચય <ol style="list-style-type: none"> સમાયોજન / વૈયક્તિક સમાયોજન મનોવિજ્ઞાનનો અર્થ અને સ્વરૂપ Meaning and Nature of psychology of Adjustment / Personal Adjustment સમાયોજનની પ્રક્રિયા - Process of Adjustment સમાયોજન / વૈયક્તિક સમાયોજન મનોવિજ્ઞાનનું કાર્યક્ષેત્ર Field (Scope) of Psychology of Adjustment/Personal Adjustment સમાયોજનની લાક્ષણિકતાઓ Characteristics of Adjustment સમાયોજન / વૈયક્તિક સમાયોજન મનોવિજ્ઞાનનાં અભ્યાસનું મહત્વ Importance of study of the study of Psychology of Adjustment/Personal 						15 Hrs		



	<p>Adjustment</p> <p>6. આપણે સમાયોજનને કેવી રીતે સુધારી શકીએ? How we Improve Adjustment?</p>	
2	<p>School Adjustment & Vocational Adjustment શાળા સમાયોજન અને વ્યાવસાયિક સમાયોજન</p> <p>1. School Adjustment - શાળા સમાયોજન</p> <p>1. શાળા એક નવા અનુભવ તરીકે School as a New Experience</p> <p>2. ઘર અને શાળા વચ્ચેનો સંબંધ Relation between Home and School</p> <p>3. શિક્ષક અને વિદ્યાર્થી વચ્ચેનો સંબંધ Relation between Teacher and Student</p> <p>4. અસરકારક શિક્ષણ માટેના પરિબલો Factors for effective education</p> <p>5. અસરકારક શિક્ષણ માટે ઉકેલો Solutions for Effective Learning</p> <p>6. જીવન જીવવાની પરિસ્થિતિ તરીકે શાળા School as a Life living situation</p> <p>2. Vocational Adjustment વ્યાવસાયિક સમાયોજન</p> <p>1. અભ્યાસથી વ્યવસાયમાં સંક્રમણ The transition from academia to business</p> <p>2, વ્યસાય પસંદગીને અસર કરતા પરિબલો Factors Effecting of Vocational Choice</p> <p>3, વ્યવસાય સંતોષને અસર કરતા પરિબલો Factors Effecting of Vocational Satisfaction</p> <p>4. વ્યવસાય સંતોષ અને વૈયક્તિક સમાયોજન Vocational Satisfaction and Personal Adjustment</p>	15 Ho urs
3	<p>Family Adjustment કુટુંબ (કોટુંબિક) સમાયોજન</p> <p>1. Meaning and Definition of Family કુટુંબ સમાયોજનનો અર્થ અને વ્યાખ્યા</p> <p>2. Nature of Family કુટુંબનું સ્વરૂપ</p> <p>3. Function of Family કુટુંબનું કાર્ય</p> <p>4. The Dynamics of Family interaction કોટુંબિક આંતરક્રિયાની ગતિશીલતા</p> <p>1. Reciprocal relations between Husband and Wife પતિ-પત્ની વચ્ચેના પારસ્પરિક સંબંધો</p> <p>2. Reciprocal relations between parents and Childs માતાપિતા અને બાળકો વચ્ચેના પારસ્પરિક સંબંધો</p> <p>5. Family Problem કોટુંબિક સમસ્યા</p> <p>1. Crisis in Family life કોટુંબિક જીવનમાં કટોકટી</p> <p>2. Divorce છૂટાછેડા</p> <p>3. Suggestions for Family Adjustment કોટુંબિક સમાયોજન માટેના સૂચનો</p>	15 Ho urs
4	<p>Psycho-Sexual Adjustment & Old-Age Adjustment</p> <p>મનો-જાતીય સમાયોજન & વૃધ્ધાવાસ્થાનું સમાયોજન</p> <p>1. Psycho-Sexual Adjustment મનો-જાતીય સમાયોજન</p> <p>2. Attitudes for Sexuality જાતીયતા પ્રત્યેના વલણો</p> <p>3. Factors of mate selection જીવનસાથીની પસંદગીના પરિબલો</p> <p>4. Psycho-Sexual Relationships in Marriage લગ્નમાં મનો-જાતીય સંબંધો</p> <p>1. The dangers of Premarital sex લગ્ન પહેલાના સેક્સના જોખમો</p>	15



	<p>2. Extramarital Sexual Relation લગ્નનેતર જાતીય સંબંધ</p> <p>5. Why Some People Do not Marry? કેટલાક લોકો શા માટે લગ્ન નથી કરતા?</p> <p>2. Old-Age Adjustment વૃદ્ધાવાસ્થાનું સમાયુજન</p> <ol style="list-style-type: none"> 1. વૃદ્ધાવાસ્થાની સમસ્યા - Problem of Old-Age 2. વૃદ્ધાવસ્થામાં સમાયોજન માટે સમાયોજનની રીતો(ઉપાયો) Adjustment ways (remedies) for the Adjustment in Old-Age 3. વૃદ્ધાવસ્થામાં મનો-શારીરિક ફેરફાર (પરિવર્તન) પ્રક્રિયા Psycho-Physiological Change Processes in Old-Age 	Ho urs																
Reference (APA Style)																		
<ul style="list-style-type: none"> ▪ Lamm A. Introduction to Psychopathology, Sage Pub. N.Y. 1997 ▪ Buss A.H. Psychopathology, John Willey N.Y. 1999 ▪ Lehner&Kube, Dynamics of Personal Adjustment,Prentice Hall N.Y. 1996 ▪ Sorenson H. and Molm M. Psychology for Living,Megralo Hill N. Y. 1997 ▪ Bernard H. "Toward Better Personal Adjustment,NCGrew Hill N.Y. 1957 ▪ The Dynamic of Personal Adjustment – Lehner&Kube ▪ Mc Kinne, Fred "Psychology of Personal Adjustment" N. Y. wila <p>Ronald J. Cohen(1994), "Psychology and Adjustment", Allyn& Bacon, E-Books www.varywelmind.com www.all/about/psychology.com www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com</p>																		
<p>Pedagogical Tools:</p> <table border="0"> <tr> <td>• Classroom Lecture</td> <td>• Problem Solving</td> <td>• Tutorial</td> <td>• Group</td> </tr> <tr> <td>Discussion</td> <td></td> <td></td> <td></td> </tr> <tr> <td>• Seminar</td> <td>• Case Studies</td> <td>• Role Play</td> <td>• Field Work</td> </tr> <tr> <td>• Hospital Visit</td> <td></td> <td></td> <td></td> </tr> </table>			• Classroom Lecture	• Problem Solving	• Tutorial	• Group	Discussion				• Seminar	• Case Studies	• Role Play	• Field Work	• Hospital Visit			
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<p>Mode of Evaluation: Evaluation will be divided in two parts.</p> <p>External: Annual Examination will be conducted by the Kachchh University of 50 Marks (4 Descriptive Questions and 1 MCQ)</p> <p>Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.</p> <ul style="list-style-type: none"> • Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster • Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews 																		



Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment

50 Marks

Time : 2.00 Hours

University Assessment

50 Marks

Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	True and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10

BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY								
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	NEP-2022			Branch/Spec.	Social Science/ psychology			
Semester	IV			Version/Pattern	NEP 2022			
Effective from Academic Year		2024-25		Effective for the batch Admitted in		2022-23		
Subject code	MJPS 402		Subject Name		Social Psychology-II			
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	4				Theory	50	50	100
Hours	60				Practical			
Pre-requisites:								
Computer lab								
Learning Outcome:								
<ol style="list-style-type: none">1. Appreciate how individual behaviour is influenced by Social and Cultural context2. Understand how social behaviour can be analysed in terms of social Psychological Theories3. Realise how social Psychological knowledge can be used in solving social problems.4. To understand how a social psychological analysis differs from other forms of analysis.5. To become familiar with the wide variety of questions and topics that social psychologists study.6. To learn the classic and contemporary theories that are relevant To become familiar with a sampling of research findings, both correlation and experimental7. To appreciate the variety of choices and limitations in the lives of women and men as they are shaped by personal and social factors8. To explore various topic areas through readings, class activities, and discussion and by								



thinking and writing critically and reflectively.		
Theory syllabus		
Unit	Content	Hrs
1	<p>LEADERSHIP नेतृत्व</p> <p>1. प्रस्तावना - Introduction</p> <p>२. नेतृत्वનો अर्थ - व्याख्या - Meaning-Definition of Leadership</p> <p>3. नेतृत्व (नेता)ना गुण के लक्षणो Trait or Attributes Characteristics of Leadership (Leader)</p> <p>४. नेतृत्वનો उद्भव के आविर्भाव / सिद्धांतो Origin or Emergence of Leadership Theory</p> <p>५. नेतृत्व के नेताना प्रकार के नेतृत्वशैली Types of Leadership or Leader or Leadership Style</p> <p>६. नेताना कार्यो - Functions of the Leader</p>	15 Ho urs
2	<p>PUBLIC OPINION & RUMOUR लोकमतअने अड्वा</p> <p>1. प्रस्तावना -introduction</p> <p>2. लोकमतनो अर्थ - व्याख्या-Meaning-Definition of Public Opinion</p> <p>3. लोकमतनुं स्वरूप (लाक्षणिकताओ) -Nature/Characteristics of Public Opinion</p> <p>4. लोकमतनुं घडतर के निर्माण -Formation of Public Opinion</p> <p>5. लोकमत परिवर्तन or लोकमतना साधन के माध्यम -Changes of Public Opinion OR Agencies (Tools) or Media of Public Opinion</p> <p>6. लोकमत मापन -Measurement of Public Opinion</p> <p>7. अड्वानो अर्थ -Meaning of Rumour</p> <p>8. अड्वाना प्रकारो -Types (Kinds) of Rumour</p> <p>9. अड्वाड्वाववाअंगेतपास(अड्वा ड्वाववा पर अटकाव) Checks on spread of Rumour</p>	15 Ho urs
3	<p>PROPAGAND प्रचार</p> <p>1. प्रचारनो अर्थ - व्याख्या अने लाक्षणिकताओ (लक्षणो) Meaning - Definition and Characteristics of Propaganda</p> <p>2. प्रचारना प्रकारो -Types of Propaganda</p> <p>3. प्रचारनी प्रयुक्तओ -Techniques of Propaganda</p> <p>4. प्रचारना सिद्धांतो के नियम -Principles of Propaganda</p> <p>5. प्रचारना माध्यम के साधन -Media or Tools of Propaganda</p> <p>6. प्रचारनुं महत्व -Importance of Propaganda</p> <p>7. प्रचारनी भर्थादाओ -Limitations of Propaganda</p> <p>8. प्रचार सामे रक्षण (प्रचारथी बचवाना उपाय) Prophylaxis against Propaganda</p>	15 Ho urs



4	<p>PROSOCIAL BEHAVIOUR & AGGRESSION समाजभिमुख वर्तन अने आक्रमकता</p> <ol style="list-style-type: none"> 1. प्रस्तावना –Introduction 2. समाजभिमुख वर्तननो अर्थ-व्याख्या Meaning-Definition of Prosocial Behaviour 3. मददकरवाविरुद्धमददनकरवाना वर्तननेनक्कीकरतासोपानो - Steps determining helping versus not helping behaviour 4. मददरूप (सहायक)वर्तननानिर्धारको Determinants of Helping Behaviour <ol style="list-style-type: none"> I. परिस्थितिजन्य निर्धारको –Situational Determinants II. सामाजिक निर्धारको –Social Determinants III. वैयक्तिक निर्धारको –Individual Determinants 5. समाजभिमुख वर्तन करवा पाछगना मूलभूत प्रेरको Basic Motives behinds Prosocial Behaviour 6. आक्रमकतानो अर्थ –Meaning of Aggression 7. आक्रमकता अने हिंसाना निर्धारको Determinants of Aggression and Violence 8. आक्रमताने रोकवाना(अटकाववाना) के घटारवाना उपायो Measures of Preventing and Reducing Aggression 	15 Ho urs												
Reference (APA Style)														
<ol style="list-style-type: none"> 12. Baron, R. A. & Byrne D. (2006)/ Social Psychology. New Delhi :Prentice Hall of India. 13. Myers, D. G. (2006). Social Psychology. New Delhi : Tata McGraw HillPublishing. 14. Parikh, B. A. (1990). Social Psychology (Advanced). Ahmedabad :University Book Production Board, Gujarat State. 15. Worchel, S., Cooper, J., Goethals, G.R. & Olson, J. M. (2000). SocialPsychology. Belmont, USA : Wadsworth / Thomson Learning. 16. Taylor, S.E.; Peplau, L.A. and Sears, D.O. (2006). Social psychology.12th ed. N.D.: Pearson. 17. Baron, R.A.; Byrne, D. (1998). Social psychology. 10th ed. N.D.:Prentice-Hall of India Pvt. Ltd. 18. Social Psychology – Soloman Asch 19. An outline of Social Psychology – Sheriff & Sheriff 20. Social Psychology – I. M. Newcomb 21. समाजलक्षी मनोविज्ञान (प्रगत), डॉ. बी. अ. परीष, युनिवर्सिटी ग्रंथ निर्माण बोर्ड, गुजरात राज्य, आमदावाद <p>समाजलक्षी मनोविज्ञान, वी. अ. व. वणीकर, युनिवर्सिटी ग्रंथ निर्माण बोर्ड, गुजरात राज्य, आमदावाद.</p>														
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Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.

- Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster
- Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires
- Interviews

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment

50 Marks

Time : 2.00 Houras

University Assessment

50 Marks

Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10



BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	NEP 2022			Branch/Spec.	Social Science/ Psychology				
Semester	IV			Version/Pattern	NEP 2022				
Effective from Academic Year	2024-2025			Effective for the batch Admitted in	2022-23				
Subject code	MJPS -403		Subject Name	Psychopathology-II					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4					Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
Learning Outcome:									
This course should help Students:									
<ol style="list-style-type: none"> 1. To impart knowledge about the normality. 2. To make students understand the nature and course of various abnormal conditions. 3. To impart knowledge and skills needed for psychological assessment of different normal conditions. 4. Students become familiar with concept of mental disorder. 5. To provide an overview of Abnormal Psychology and major psychological problems and disorders across biological, psychological, and sociocultural processes. 6. To give the information about DSM and Indian classification. 7. To notified the basic difference between DSM IV & DSM V.. 									
Theory syllabus									
Unit	Content							Hrs	
1	Mood Disorder and Schizophrenia 1. Mood Disorder I. પ્રસ્તાવના- Introduction II. ઉન્માદી પ્રસંગ-Manic Episode III. ઉન્માદના પ્રકાર-Types of Mania IV. ખિન્નતા પ્રસંગ-Depressive Episode V. ખિન્નતાના પ્રકાર-Types of Depression VI. દ્વિ-ધ્રુવીય વિકૃતિ-Bipolar Disorder							15 Ho urs	



	<p>VII. ડાઈસ્થેમિયા/એક-ધ્રુવીય વિકૃતિ Dythemia or Unipolar Disorder</p> <p>VIII. મનોદેશા વિકૃતિના કારણો-Etiology of Mood Disorder</p> <p>IX. મનોદેશા વિકૃતિનો ઉપચાર-Treatment of Mood Disorder</p> <p>2. Schizophrenia</p> <p>I. સ્કીઝોફ્રેનીયાનો અર્થ -Meaning of Schizophrenia</p> <p>II. સ્કીઝોફ્રેનીયાનું લક્ષણ વિજ્ઞાન કે લક્ષણો Symptomatology of Schizophrenia</p> <p>III. સ્કીઝોફ્રેનીયાનાં પ્રકારો-Types of Schizophrenia</p> <p>IV. સ્કીઝોફ્રેનીયાનો ઉપચાર-Treatment of Schizophrenia</p>	
2	<p>શીખવાની અક્ષમતા અને વાર્તાનિક અને ચારિત્ર્ય વિકૃતિ Learning Disabilities and Behavioural and Character Disorder</p> <p>1. શીખવાની અક્ષમતા Learning Disabilities</p> <p>I. શીખવાની અસમર્થતા-Learning Disabilities</p> <p>II. શીખવાની અસમર્થતાની મુખ્ય લાક્ષણિકતાઓ Major Characteristics of Learning Disabilities</p> <p>III. વાંચન વિકૃતિ-Reading Disorder</p> <p>IV. વાણી અસમર્થતા અથવા સંદેશાવ્યવહાર વિકૃતિ Speech Disabilities or Communication Disorder</p> <p>V. ગાણિતિક અસમર્થતા-Mathematical Disabilities</p> <p>VI. શીક્ષણ/વિકાસાત્મક સંબંધિત અન્ય વિકૃતિઓ Other Disorders related to Developmental or Learning</p> <p>VII. શીખવાની અસમર્થતાના કારણો Etiology of Learning Disabilities</p> <p>VIII. શીખવાની અસમર્થતાનો ઉપચાર treatment of Learning Disabilities</p> <p>વાર્તાનિક અને ચારિત્ર્ય વિકૃતિ Behavioural and Character Disorder</p> <p>I. પ્રસ્તાવના-Introduction</p> <p>II. ઓટીઝમ (સ્વલીનતા)/ઓટીઝમ-સ્પેક્ટ્રમ વિકૃતિ- Autism/Autism Spectrum Disorder</p> <p>III. અતિ સક્રિયતા અથવા અતિક્રિયાત્મકતા વિકૃતિ Hyper activity or Hyper Kinetic Reaction-HKR</p> <p>IV. અસામાજિકૃત પ્રતિક્રિયા-Unsocialized Reaction</p> <p>V. વિકાસાત્મક વિકૃતિ-Developmental Disorder</p> <p>VI. ભાગેડું વૃત્તિ કે ભાગેડું પ્રતિક્રિયા- Runaway Reaction</p> <p>VII. તોતડાવું અને હકલાવું(અચકાવું)-Stuttering and Stammer</p> <p>VIII. અતિચિંતિત પ્રતિક્રિયા-Over Anxious Reaction</p>	15 Ho urs



	<p>IX. નિદ્રા ભ્રમણ, નખ કરડવા અને પથારી પલાળવી (મૂત્ર-અસંયમ)- Sleep Waking, Nail Biting and Enuresis/Bed-wetting</p> <p>X. જુગાર રમવું-Gambling</p> <p>XI. બૌદ્ધિક અસમર્થતા/માનસિક મંદતા (નિર્બળતા) Intellectual Disabilities/Mental Retardation</p> <p>XII. મોબાઇલ ફોનિક વિકૃતિ (ભ્રમણયુક્ત સંભાષણ યંત્ર વિકૃતિ)- Mobile Phonic Disorder</p>	
3	<p>વ્યસનની વિકૃતિઓ The Addictive Disorders</p> <p>I. પ્રસ્તાવના -Introduction</p> <p>II. વ્યસન સંબંધિત વિકૃતિઓ- The Addictive Disorders.</p> <p>III. દારૂનો દુરુપયોગ આધારિતતા -Alcohol abuse and dependence.</p> <p>IV. આલ્કોહોલિઝમ અને તેને સંબંધિત સમસ્યાઓનો અટકાવ- Prevalence of Alcoholism and its related problems .</p> <p>V. દારૂનો દુરુપયોગ અને આધારિતતા અંગે ચિકિત્સક અભિગમ- Clinical Approach of Alcohol abuse and dependence</p> <ol style="list-style-type: none"> 1. દારૂની મગજ પર અસર- Alcoholic Effects on the Brain 2. દારૂ આધારિતતાનો વિકાસ- Development of Alcohol Dependence 3. ક્રોનિક આલ્કોહોલ દુરુપયોગિતાની શારીરિક દુરુપયોગિતાની અસર The Physical Effects of Chronic Alcohol Abuse 4. દારૂ દુરુપયોગિતાની મનોસામાજિક અસરો Psychosocial Effects of Alcohol Abuse and Dependence 5. આલ્કોહોલ સંબંધિત સાઇકોસિસ Psychoses Associated with Alcoholism <ol style="list-style-type: none"> i. સન્નિપાતના લક્ષણો Alcohol withdrawal delirium ii. અલ્કોહોલ એમેનેસ્ટિક વિકૃતિ Alcohol amnesic disorder <p>VI. ડ્રગ્સનો દુરુપયોગને આધારિતતા-Drug abuse and dependence</p> <ol style="list-style-type: none"> 1. ડ્રગ્સનો દુરુપયોગને આધારિતતા-Drug abuse and dependence 2. ઓપિયમ અને તેની વ્યુત્પતિ (નારકોટિક્સ) Opium and Its Derivatives (Narcotics) 3. કોકેઇન અને એમ્ફીટામાઇન્સ (ઉદ્દીપન) Cocaine and Amphetamines (Stimulants) 4. ઊંધની દવાઓ (સડેટીવ) Barbiturates (Sedatives) 5. LSD અને તેને સંબંધિત દવાઓ (ભ્રામક)-LSD and Related Drugs (Hallucinogens) 	15 Hours
4	<p>મનોવૈજ્ઞાનિક કારણ અને શારીરિક વિકૃતિઓ</p> <p>Psychological causes and physical disorders (As per Psychosomatic disorders old course)</p>	15 Hours



I. પ્રસ્તવના -Introduction

II. મનોદૈહિકવિકૃતિઓનોઅર્થ-Meaning of Psychosomatic Disorders

III. મનોદૈહિકવિકૃતિઓનાપ્રકારોTypes of Psychosomatic Disorders

IV. શ્વસનસંબંધીતવિકૃતિઓ-Respiratory Disorders

1. દમ/અસ્થમા- Bronchial Asthma

1) એલર્જિકદમ-Allergic Asthma

2) મનોજનિતદમ -Psychogenic Asthma

2. તૃણગંધજન્યતાવ- Hay Fever

3. ફેફસનોક્ષય- Pulmonary Tuberculosis

4. સામાન્યશરદી -Common Cold

V. જઠરઅનેઆંતરડાસંબંધિતરોગોGastro-Intestinal Disorders

1. અતિસ્થૂળતાઅનેમેદવૃત્તિ -Excessive Obesity

2. એનોરેક્સિયાનર્વોસા- Anorexia Nervosa

3. જઠરમાંચાંદુ- Peptic Ulcer

4. બૃહદઆંત્રવણશોથ-Ulcerative Colitis

5. મળમૂત્રવિસર્જનનીવિકૃતિઓ-Problems of Bowel and Bladder

VI. હૃદયસંબંધિતવિકૃતિઓ-Cardio-Vascular Disorders

1. ઉંચુલોહીનુદબાણ-Essential Hypertension

2. હૃદયમાંદુઃખાવો- Heart Pain

3. માથાનોદુઃખાવો- Headache

4. થાક-Fainting

VII. ત્વચાસંબંધિતવિકૃતિઓ-Dermatological Disorders

1. ત્વચાદાહ-NeuroderMatitis

2. શીળસ-Urticaria

3. ખીલ-Acne Vulgaris

VIII. જનન-મૂત્રસંબંધીપ્રતિક્રિયાઓ-Genito-Urinary Disorders

1. લૈંગિકક્રિયાત્મકવિકૃતિઓ-Disorders of Sexual Functions

2. માસિકસ્રાવસંબંધિતવિકૃતિઓ- Menstruation Disorders

3. યુરેનરીલક્ષણો Urinary Symptoms

IX. અન્યમનોદૈહિકવિકૃતિઓ-Other Psychosomatic Disorders

1. આધાશીશી-Migraine



2. સંધિવા-Rheumatoid Arthritis
3. મેનીએરનોલક્ષણગુરુManiere's Syndrome
4. કેન્સર Cancer

X. મનોદૈહિકવિકૃતિઓનાકારણો -Causes of Psychosomatic Disorders

1. જૈવિકવારસો-Biological Causes

- 1) વારસો-Inherity
- 2) સ્વયંસંચાલિતચેતાતંત્ર-Autonomous Nervous System
- 3) વિકપોઈટસિધ્ધાંત-Principle of 'Weak Point'

2. મનોવૈજ્ઞાનિકકારણો-Psychological Causes

- 1) વ્યક્તિત્વરચના-Personality Structure
- 2) માનસિકમનોભાર-Mental Stress
- 3) દમિતઆવેગો-Repressed Emotions
- 4) બાળકોઅનેમાતા-પિતાવચેનીઆંતરક્રિયા-Interaction between A Child and Parents
- 5) આંતરવૈયક્તિકસંબંધોFaulty Interpersonal Relations

3. સામાજિક- સાંસ્કૃતિકકારણો-Socio-Cultural Causes

XI. મનોદૈહિકવિકૃતિઓનાઉપચાર-Treatment of Psychosomatic Disorders

Reference (APA Style)

- Carson, Butcher and Mineka, "Abnormal Psychology and Modern Life", 11th edition (2004), Person Education Pte. Ltd, Indian Branch.
- Abnormal Psychology and Modern Life -- James C. Coleman Published by Taraporewala & Co. Pvt Ltd.
- Comer R.J., Abnormal Psychology, Fifth Edition, (2003),
- Arunkumar Singh, Aadhunik Asamanya Manovigyan, Published by Motilal Banarsidas
- Patel M. (1989), 3rd Ed., "Abnormal Psychology", University book production board, Ahmedabad.
- Lamm A. Introduction to Psychopathology, Page Pub. N.Y. 1997
- Buss A.H. Psychopathology, John Wiley N.Y. 1999
- Diagnostic And Statistical Manual Of Mental Disorders (DSM-V) Fifth Edition. American Psychiatric Publication, A Division of Psychiatric Association. Washington, DCLondon, England.
- Psychopathology (Vinati Anand) Published by Motilal Banarsidas



<p>Pedagogical Tools:</p> <ul style="list-style-type: none"> • Classroom Lecture • Problem Solving • Tutorial • Group Discussion • Seminar • Case Studies • Role Play • Field Work • Hospital Visit
<p>Mode of Evaluation: Evaluation will be divided in two parts.</p> <p>External: Annual Examination will be conducted by the Kachchh University of 50 Marks (4 Descriptive Questions and 1 MCQ)</p> <p>Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks.</p> <ul style="list-style-type: none"> • Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment

50 Marks

Time : 2.00 Houras

University Assessment

50 Marks

Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10



BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	NEP -2022			Branch/Spec.	Social Science/ Psychology				
Semester	IV			Version/Pattern	NEP 2022				
Effective from Academic Year	2024-2025			Effective for the batch Admitted in	2022-23				
Subject code	MNPS 401		Subject Name	Psychology of Personal Adjustment					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	4					Theory	50	50	100
Hours	60					Practical			
Pre-requisites:									
Computer lab									
Learning Outcome:									
This course should help Students:									
<ol style="list-style-type: none"> 1. To impart knowledge about the normality 2. To make students understand the nature and course of various adjustment conditions 3. To impart knowledge and skills needed for psychological assessment of different adjustment conditions 4. To impart various of personal adjustments. 5. Learn meaning, nature and fields of adjustment 6. Identify stages of personal development 7. Identify and express emotions more clearly 8. Learn to recognize the barriers to personal adjustment and determine the ways to overcome those barriers 9. To prepare them for the competitive / entrance exams like UPSC/GPSC/NET/SLET. 10. To apply Psychological theories/principles at personal level, to understand self and others. 									
Theory syllabus									
Unit	Content							Hrs	
1	Introduction to Psychology of Adjustment / Personal Adjustment સમાયોજન / વૈયક્તિક સમાયોજન મનોવિજ્ઞાનનો પરિચય <ol style="list-style-type: none"> 1. સમાયોજન સ્વરૂપ અને અર્થ મનોવિજ્ઞાનનો સમાયોજન વૈયક્તિક /Meaning and Nature of psychology of Adjustment / Personal Adjustment 2. સમાયોજનની પ્રક્રિયા -Process of Adjustment 3. સમાયોજન કાર્યક્ષેત્ર જ્ઞાનનું મનોવિ સમાયોજન વૈયક્તિક / Field (Scope) of Psychology of Adjustment/Personal Adjustment 							15 Hrs	



	<p>4. સમાયોજનની લાક્ષણિકતાઓ Characteristics of Adjustment</p> <p>5. સમાયોજન મહત્વ અભ્યાસનું મનોવિજ્ઞાનનાં સમાયોજન વૈયક્તિક / Importance of study of the study of Psychology of Adjustment/Personal Adjustment</p> <p>6. આપણે સમાયોજનને કેવી રીતે સુધારી શકીએ? How we Improve Adjustment?</p>	
2	<p>School Adjustment & Vocational Adjustment શાળા સમાયોજન અને વ્યાવસાયિક સમાયોજન</p> <p>1. School Adjustment - શાળા સમાયોજન 1. શાળા એક નવા અનુભવ તરીકે School as a New Experience</p> <p>2. ઘર અને શાળા વચ્ચેનો સંબંધ Relation between Home and School</p> <p>3. શિક્ષક અને વિદ્યાર્થી વચ્ચેનો સંબંધ Relation between Teacher and Student</p> <p>4. અસરકારક શિક્ષણ માટેના પરિબલો Factors for effective education</p> <p>5. અસરકારક શિક્ષણ માટે ઉકેલો Solutions for Effective Learning</p> <p>6. જીવન જીવવાની પરિસ્થિતિ તરીકે શાળા School as a Life living situation</p> <p>2. Vocational Adjustment વ્યાવસાયિક સમાયોજન</p> <p>1. અભ્યાસથી વ્યવસાયમાં સંક્રમણ The transition from academia to business</p> <p>2, વ્યસાય પરસંદગીને અસર કરતા પરિબલો Factors Effecting of Vocational Choice</p> <p>3, વ્યવસાય સંતોષને અસર કરતા પરિબલો Factors Effecting of Vocational Satisfaction</p> <p>1. વ્યવસાય સંતોષ અને વૈયક્તિક સમાયોજન Vocational Satisfaction and Personal Adjustment</p>	
3	<p>Family Adjustment કુટુંબ (કૌટુંબિક) સમાયોજન</p> <p>2. Meaning and Definition of Family કુટુંબ સમાયોજનનો અર્થ અને વ્યાખ્યા</p> <p>3. Nature of Family કુટુંબ નું સ્વરૂપ</p> <p>4. Function of Family કુટુંબનું કાર્ય</p> <p>5. The Dynamics of Family interaction કૌટુંબિક આંતરક્રિયાની ગતિવિધિ</p>	<p>25 % 15 Ho urs</p>



	<p>a. Reciprocal relations between Husband and Wife પતિ-પત્ની વચ્ચેના પારસ્પરિક સંબંધો</p> <p>b. Reciprocal relations between parents and Childs માતાપિતા અને બાળકો વચ્ચેના પારસ્પરિક સંબંધો</p> <p>4. Family Problem કૌટુંબિક સમસ્યા</p> <p>a. Crisis in Family life કૌટુંબિક જીવનમાં કટોકટી</p> <p>b. Divorce છૂટાછેડા</p> <p>5. Suggestions for Family Adjustment કૌટુંબિક સમાયોજન માટેના સૂચનો</p>	
4	<p>Psycho-Sexual Adjustment & Old-Age Adjustment મનો-જાતીય સમાયોજન & વૃદ્ધાવાસ્થાનું સમાયોજન</p> <p>6. Psycho-Sexual Adjustment મનો-જાતીય સમાયોજન</p> <p>7. Attitudes for Sexuality જાતીયતા પ્રત્યેના વલણો</p> <p>8. Factors of mate selection જીવનસાથીની પસંદગીના પરિબલો</p> <p>9. Psycho-Sexual Relationships in Marriage લગ્નમાં મનો-જાતીય સંબંધો</p> <ul style="list-style-type: none"> ○ The dangers of Premarital sex લગ્ન પહેલાના સેક્સના જોખમો ○ Extramarital Sexual Relation લગ્નેતર જાતીય સંબંધ <p>10. Why Some People Do not Marry? કેટલાક લોકો શા માટે લગ્ન નથી કરતા?</p> <p>2. Old-Age Adjustment વૃદ્ધાવાસ્થાનું સમાયોજન</p> <p>9. વૃદ્ધાવાસ્થાની સમસ્યા - Problem of Old-Age</p> <p>10. વૃદ્ધાવસ્થામાં સમાયોજન માટે સમાયોજનની રીતો (ઉપાયો) Adjustment ways (remedies) for the Adjustment in Old-Age</p> <p>11. વૃદ્ધાવસ્થામાં મનો-શારીરિક ફેરફાર (પરિવર્તન) પ્રક્રિયા Psycho-Physiological Change Processes in Old-Age</p>	15 Ho- urs
Reference (APA Style)		
	<ul style="list-style-type: none"> ▪ Lamm A. Introduction to Psychopathology, Sage Pub. N.Y. 1997 ▪ Buss A.H. Psychopathology, John Willey N.Y. 1999 ▪ Lehner&Kube, Dynamics of Personal Adjustment, Prentice Hall N.Y. 1996 ▪ Sorenson H. and Molm M. Psychology for Living, Megralo Hill N. Y. 1997 ▪ Bernard H. "Toward Better Personal Adjustment, NCGrew Hill N.Y. 1957 ▪ The Dynamic of Personal Adjustment – Lehner&Kube ▪ Mc Kinne, Fred "Psychology of Personal Adjustment" N. Y. wila <p>Ronald J. Cohen(1994), "Psychology and Adjustment" & Bacon</p>	



www.varvwelmind.com www.aii/about/psychology.com www.sparknote.com www.psychologydiscussion.net www.cliffsnotes.com			
Pedagogical Tools:			
• Classroom Lecture	• Problem Solving	• Tutorial	• Group Discussion
• Seminar	• Case Studies	• Role Play	• Field Work
• Hospital Visit			
Mode of Evaluation: Evaluation will be divided in two parts. External: Annual Examination will be conducted by the Kachchh University of 50 Marks (4 Descriptive Questions and 1 MCQ) Internal: Following Tools for Evaluating performance of the students can be used. Total weightage for the Internal Examination 50 Marks. • Assignment • MCQ Test • Presentation • Attendance • Seminar • Symposium • Poster • Presentation • Essay type Questions • Classroom quizzes and exams • Projects • Questionnaires • Interviews			

Exam Paper Style for Major/Minor/Multi Disciplinary

Evaluation

Internal Assessment	50 Marks	Time : 2.00 Houras
University Assessment	50 Marks	Credit : 04

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Descriptive Questions (Any 1 out of 2)	Unit 3	10
Q-4	Write Short Note (any 2 out of 4)	Unit 4	10
Q-5	Ture and False /M.C.Q /Short Questions (any 10 out of 12)	Unit 1 to 4 (Each unit four questions)	10



BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	NEP			Branch/Spec.	Social Science / Psychology				
Semester	IV			Version/Pattern	NEP 2022				
Effective from Academic Year	2024-2025			Effective for the batch Admitted in	2022-23				
Subject code	SEC -402		Subject Name	Psychology of Personal Adjustment					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	2					Theory	25	25	50
Hours	30					Practical			
Pre-requisites:									
Computer lab									
Learning Outcome:									
<p>•This Course Should Help Students.</p> <p>1.This Course Will Familiarize Students With The Counselling Basic Psychological Process And Relating To This Factors Which Influences Then. It will Also Focus Come Important Applications Areas of Psychology.</p> <p>2.Learn to use Psychology and, their imformation Sources.</p>									
Theory syllabus									
Unit	Content							Hrs	
1	<p>સલાહ નાં ક્ષેત્રો (The field of Counselling)</p> <ol style="list-style-type: none"> 1. પ્રસ્તવના (Introduction) 2. સલાહ કોણ આપે છે. (Who Provides Counselling) 3. સલાહ નાં ક્ષેત્રો.(The field of Counselling) <ul style="list-style-type: none"> • શાળા સલાહ (School Counselling) • વ્યવસાયિક સલાહ (OccupatinalCounselling) • જૂથ સલાહ (Group Counselling) • ધાર્મિક સલાહ (Pastoral Counselling) • પુનઃ સ્થાપન સલાહ (RehabilitationCounselling) • માનસિક આરોગ્ય સલાહ (Mental Counselling) • સાઈબર સલાહ (CybarCounselling) • લગ્ન સલાહ (marriage Counselling) • રોજગાર સલાહ(Employment Counselling) 							15 Ho urs	



2	<p>ભારતમાં સલાહ પ્રારંભ અને વિકાસ (Consulting start-up and development in India)</p> <ol style="list-style-type: none"> 1. ભારતમાં સલાહ પ્રારંભ અને વિકાસ (Consulting start-up and development in India) 2. માર્ગદર્શન પ્રવૃત્તિનો પ્રારંભ (Standing The Counselling Activity) 3. માર્ગદર્શન પ્રવૃત્તિ ને રાજ્ય સરકાર ની માન્યતા (Reorganize State Government Counselling Activity) 4. વ્યાવસાયિક માર્ગદર્શન મંડળ (Occupational Guidance Group) 5. રાષ્ટ્રીય માર્ગદર્શન બ્યુરોનો વિકાસ (Develop National Guidance beuro) 6. રાષ્ટ્રીય રોજગાર સેવા હેઠળ સંકલિત થતી માર્ગદર્શન પ્રવૃત્તિ (Guidance Activity Coordinat To National Employees Service) 7. ભારતમાં કોલેજનાં વિદ્યાર્થીઓને સલાહ (Counselling Among College Student in India) 8. ભારતમાં સલાહનાં વિકાસમાં અવરોધકો (Inhibitors In Counselling in india) 	15 Ho urs
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Reference	
	<ol style="list-style-type: none"> 1. George R.I. And Cristani T.S. "Counselling Theory and Practice Allynond Bacon, Boston 4th Ed.1995 2. Corey G.:"Theory & practice of Counselling, W.G.Brown Pub.1988 Ed. 3. Belkin, "Introduction to Counselling Psychology" Holt Rinehart, N.Y.1994 4. S. patel : "Salah Manovigyan" University GranthNirmalBord, 3d Ed.2001, 5. સલાહ મનોવિજ્ઞાન, ડૉપટેલ .ડી .એસ ., યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ગુજરાત રાજ્ય

Exam Paper style for Ability Enhancement Course/Skill Enhancement Course /Skill Enhancement Course/Value Added Course

Evaluation

Internal Assessment	25 Marks	Time : 2.00 Houras
University Assessment	25 Marks	Credit : 02

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Objective type Questions /definition/short question (any 5 out of 7)	Unit 1 & 2	10



BA (Hon.) Psychology Semester-IV

KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY								
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	NEP 2022			Branch/Spec.	Social Science / Psychology			
Semester	IV			Version/Pattern	NEP 2022			
Effective from Academic Year	2024-2025			Effective for the batch Admitted in	2022-23			
Subject code	VAC		Subject Name	Indian Psychology				
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)	Total		CE	SEE	Total
	L	TU	P	TW				
Credit	2				Theory	25	25	50
Hours	30				Practical			
Pre-requisites:								
Computer lab								
Learning Outcome:								
<p>•This Course Should Help Students.</p> <p>1.This Course Will Familiarize Students With The Counselling Basic Psychological Process And Relating To This Factors Which Influences Then. It will Also Focus Come Important Applications Areas of Psychology.</p> <p>2.Learn to use Psychology and, their imformation Sources.</p>								
Theory syllabus								
Unit	Content						Hrs	
Unit 1	<p>શરીર અને આત્મા (Body And Solu) પ્રસ્તાવના (Introduction) શ્રીમદ્ ભગવત ગીતા મુજબ શરીર અને આત્મા(Body and soul according to Sri mad Bhagwat Gita)</p> <p>आर्युवेद मूजब शरीर અને આત્મા (Body And solu According To Ayurveda) मानव शरीर नां यक्रो</p> <ol style="list-style-type: none"> 1. મૂલાધાર ચક્ર (Croot Chakra) 2. સ્વાધીષ્ઠાણ ચક્ર (Sacral Chakra) 3. મણીપુર ચક્ર (Solar Plexus Chakra) 4. અનાહત ચક્ર (Heart Chakra) 5. વિશુદ્ધ ચક્ર (Throat Chakra) 						15 Ho urs	



	6. અજ્ઞા ચક્ર (Brow Chakra) 7. સહસ્ત્રાર ચક્ર (Crown Chakra) ઉપસંહાર	
2	મનનું સવરૂપ અને નિયંત્રણ (Nature And Control Of mind) પ્રસ્તાવના (Introduction) 1. મનનો અર્થ Meaning of Mind 2. મનની અવસ્થાઓ (Stages of mind) 3. મનને સ્થિર કરવાના સાધનો (Means of Stable mind) 4. ઉપસંહાર	15 Hours*
Reference		
	<ul style="list-style-type: none"> ભારતીય મનોવિજ્ઞાન, ડૉ. જીએશ ટાપરીય અને ડૉ. આર.સી. પરમાર, ઊર્મિલ માનસ પબ્લીકેશન, ગુજરાત ભારતીય મનોવિજ્ઞાન રાજનાથશર્મા અને રચનશર્મા, એટલાંટીક પબ્લીકેશન દિલ્લી. 	

Exam Paper style for Ability Enhancement Course/Skill Enhancement Course /Skill Enhancement Course/Value Added Course

Evaluation

Internal Assessment	25 Marks	Time : 2.00 Hours
University Assessment	25 Marks	Credit : 02

Q-1	Descriptive Questions (Any 1 out of 2)	Unit 1	10
Q-2	Descriptive Questions (Any 1 out of 2)	Unit 2	10
Q-3	Objective type Questions /definition/short question (any 5 out of 7)	Unit 1 & 2	10

